

MONTHLY BOARD MEETING MINUTES

May 19, 2014

Mental Health Board

Members in Attendance

Behrens, Sharon
Dickinson, Will
Holmes, Jim
Meade, Pat
O'Meara, Janet
Thickens, Theresa
Wesp, Daniel
Williams, Jessica

Absent Members

Cleveland, Cheryl
Ling, Louis

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Cople, Katrina
Ferguson, Colin
Gaitan, Jainell
Jarvis, Debra
Jones, Janna
Lardner, Kelly
McLain, Diane
Osborne, Marie
Roberts, Diane
Stanners, Sharon
Taylor, Will
Tucciarone, Joseph

Welcome and Introductions

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Not Read

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Guest Speaker: Jainell Gaitan, Supervisor, Adult System of Care (ASOC)

Presenting on Crisis Intervention Training (CIT)

- Ms. Gaitan explained her participation in the one-week CIT, partnering with law enforcement. CIT is part of law enforcement's POST training.
- CIT covers mental health and how law enforcement responds to a mental health crisis.
- Trainees learn de-escalation techniques and skills.
- Ms. Gaitan attended the January 2014 CIT training in San Mateo, changing her idea of what CIT should be about. She hopes to implement some of their ideas and processes here in Placer County.
 - From crisis to collaboration.
 - Working together to collaborate and assist members in the community who are mentally ill.
 - Mobile Crisis Teams go out with law enforcement to assist in helping the individual.

- CIT should include: law enforcement, probation officers, firefighters, dispatchers, medical personnel, nurses, and doctors.
- Placer County CIT training: October 14-17, 2014.
- Would like to include a segment on stigma reduction in the training. The presenter(s) would be someone with lived experience, not a professional.
- Plan to meet with law enforcement partners to discuss the new ideas and see if they can be implemented this year.
- Announced the 2nd Annual Adult System of Care Stigma Reduction and Education presentation taking place May 28, 2014 from 10:00 a.m. – 1:30 p.m. at Cirby Hills.
 - A flyer will be distributed to all members.

Secretary/Treasurer's Report

Approval of the April 28, 2014 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Reports – \$1,500 - Amount budgeted for Fiscal Year 2013-14. Expenditures for the month of April include: \$73.96 - food purchased. End balance of \$678.90 and is accepted as presented.

Standing Committee Reports

- ❖ Alcohol and Drug Committee – Dan Wesp
 - Melinda Lacey, Older Adult Services Coordinator for Placer, met with the committee to talk about the two programs being offered, how the programs receive referrals, and how they identify and assist the more serious needs population that touch various programs within the Older Adult Unit.
 - Senior Peer Counseling and Older Adult Services.
 - Older Adult Unit programs include: In-Home Supportive Services, Adult Protective Services, and Public Guardian.
 - The Multiple Disciplinary Team meets, bringing together the various programs so they can summarize a care plan and follow up with the older adult(s) having problems.
 - Discussed viewing the film - Anonymous People. The committee is planning an event to bring the film to Placer County.
- ❖ Quality Improvement – Theresa Thickens reported on behalf of Jessica Williams
 - The committee met with Marie Osborne who advised Placer County received a request for data in the form of a data notebook, which was prepared by California Mental Health Planning Council in collaboration with California Association of Mental Health Boards and Commission - Placer and Sierra Counties: Data Notebook 2014 for California Mental Health Boards and Commissions.
 - All counties are to provide basic information to ensure boards are aware of their counties' mental health needs.
 - Assist boards to meet mandates, provide a professional format for submitting reports to their local Board of Supervisors, function as an educational tool for local boards and it also helps the California Mental Health Planning Council fulfill its mandate to provide data to the State Department of Health Care Services.
 - The committee discussed how Placer County is ahead in so many areas because of the integrated system.
 - Information is being requested within 60 days; it is noted we have until July 31st.
 - The notebook document identified above will be electronically distributed.
 - Continued discussion on test calls and urging everyone to place a call to both the Adult Intake and Children's System of Care crisis lines and present a situation that tests the crisis lines to ensure the public is getting applicable services.
 - Theresa Thickens will bring various scripts in June to specifically target areas of interest.
 - The calls provide needed data to improve the systems.
- ❖ Children's Committee – Sharon Behrens
 - Continuing process of adding two beds in the current the Crisis Resolution Center home and reviewing finance options.
 - Reported on the meeting that took place with First 5, Families First and Richard Knecht who met at Cirby Elementary for the first outreach to the community to talk about collaborative services. Looking at the schools and services that have picked up educationally related mental health services.
 - Reviewed and discussed the number of kids in group homes within the system and reported a total of 32.
 - Theresa Thickens and Sharon Behrens distributed a flyer and resource card containing a list of the nearest crisis hotlines in California: My 3 - Stay Connected to Your Network When You Are Having Thoughts of Suicide. There is also an App that can be placed on the cell phone.
 - Ms. Behrens will send the members the connection to complete the training.

- ❖ Adult Services Committee – Janet O'Meara
 - Committee's objective was to wrap up loose ends regarding studying the outreach and engagement issues and services as well as an overall understanding about what services are available for people, particularly the high frequency users of mental health services.
 - This is related to determining whether AB1421 (Laura's Law) is a good fit for Placer County. Committee was originally not in favor of Laura's Law for a series of reasons, but has since determined additional information needs to be included for further clarification (continuum of care).
 - The committee believes the various outreach efforts have potential to accomplish many things.
 - More data needs to be collected to determine how the outreach is going.

BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - Laura's Law – in the next few weeks, Supervisor Holmes and a few others including Jeff Brown, Director of Health and Human Services are going to Nevada County to talk to some of those involved in the implementation in their county to get a broader understanding. Orange County recently implemented Laura's Law.
 - More buildings are being demolished in the Dewitt Center. Mr. Holmes provided the history of the property's use.
 - Finalizing the Costco deal, meeting next week for final negotiations. Costco committed five years and \$530,000 towards the senior center for a new location. Building permit expected to be issued in approximately 18 months to two years.
 - Interfaith Food Closet moved to a larger warehouse in the Auburn Airport Business Park. Client numbers are down because there isn't bus transportation to the location. Working with the City of Auburn and Placer County Transit to secure services, which should be completed in the next six months
 - The Foresthill Bridge seismic retrofit project was completed last month, including the six and a half foot handrails. The rails would need to be eight feet tall to be considered suicide prevention rails.
 - There's a committee working on Bridge Day, an event taking place in 2015 and will include bungee jumpers.
 - Plan to finish the proposed budget for 2014-15 the end of June.
 - The new jail ribbon cutting takes place June 25th.

Correspondence and Announcements

- ❖ Janet O'Meara reported on the receipt of the following:
 - Responded back to Dr. Frank Lozano's emails and have invited him to attend an upcoming meeting to provide clarification on some of his questions.
 - The dues to become a member of the California Association of Local Mental Health Boards and Commissions are \$300 per year. The dues would pay for the Board to send a couple representatives to their annual meeting at no additional cost.
 - Ms. O'Meara may attend a regional meeting and will keep the Board posted.

Director's Report

- ❖ Maureen Bauman reported on the following:
 - AB 109 and the Prep Center that Probation is putting together (host of services) is not happening until January.
 - Criminal Justice System shared the report from the consultant hired by the county to evaluate our system. Completed some preliminary analysis of how the system's working, identifying places where the system could be improved. Also looking at how to streamline processes and looking at alternatives and multiple strategies.
 - Ms. Bauman will electronically distribute the consultant's executive summary.
 - Inpatient psychiatric doctor, Dr. Sugden, returned from an extended military leave of absence and is back full time in the PHF.
 - Still in the process of recruiting for two full-time psychiatrists and have begun negotiating with an outside firm.
 - Jeff Brown wants to give a status update to the MHADB on Laura's Law in June. Both Supervisor Duran and Supervisor Montgomery are interested in Laura's Law.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - Received a phenomenal number of responses to Jim Holmes' article in the newspaper.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - Janet O'Meara shared her experience regarding her attendance at the Each Mind Matters event.
 - Receiving emails from Capital Coalition, an advocacy on statewide legislation group headed by NAMI of California.

- ❖ MHADB Handbook Task Force Update
 - Jessica Williams reported they are continuing with organizing the small workgroup. Project will completed by July retreat.
- ❖ July Retreat – Location
 - The Friday, July 18, 2014 Retreat has been confirmed to take place at the City of Auburn Civic Center in the Rose Room.
 - Suggested having Will Taylor provide an update on consumer initiatives at one of the regular monthly meetings.
- ❖ Report Out on May is Mental Health Month
 - This week's billboard on Interstate 80 is on Each Mind Matters, next week will be Know the Signs.
 - The Proclamation to promote mental health awareness is on tomorrow's Board of Supervisors' agenda.
 - Provided an update on the Each Mind Matters event that took place at the Capitol. Directing Change – Placer was a winner this year, winning first place.
 - Pat Meade reported on her presentation at the Sierra Foothills Unitarian Church, speaking on mental health awareness, which was well received.
 - The Each Mind Matters documentary was cut down from an hour to 30 minutes (Placer version) and is available for review.
 - Expecting a big order of Know the Signs in June.
 - Planning to talk to Placer Community Foundation's Board of Directors, giving them an update on Mental Health Services Act statewide evaluation outcomes.
 - There will be a Prevention Summit, as part of the statewide efforts, taking place in San Francisco in February of 2015.
- ❖ Status on Committee Goals for FY 14-15
 - Janet O'Meara reminded committees of the need to complete the goals for FY 14-15.
 - Ms. Bauman further clarified the work of the committees is the work of the whole Board. Request next year's goals be ready for presentation/review at the July Retreat.

New Business

- ❖ Presentation of Certificate of Appreciation to Pat Meade
 - Janet O'Meara, Chair of the Mental Health Alcohol and Drug Board presented Patricia Reynolds-Meade with a certificate of appreciation.
- ❖ Begin Planning for FY 13-14 Annual Report to the Board of Supervisors
 - More deadlines will be made available.
- ❖ California Maternal Wellness Summit
 - Sharon Behrens reported on her attendance at the May 5-6, 2014 summit where the topic of discussion was postpartum depression.
- ❖ Appoint Members of the Nominating Committee [Action Item]
 - Will Dickinson
 - Jessica Williams

Jim Holmes moved the appointment of the nominating committee be approved, Pat Meade seconded. Motion carried.
- ❖ Contracts [Action Item]
 - The below contracts were reviewed and approved by the Executive Committee.
 - ☐ Mental Health Contracts for FY 2014-16 (Anka Behavioral Health, Inc.; Crestwood Behavioral Health, Inc.; and Vista Pacifica Center
 - ☐ Performance Contract with Department of Health Care Services
 - ☐ Revenue Agreement with the Office of Statewide Health Planning and Development
 - ☐ Revenue Agreement with Nevada County
 - ☐ Contract with Telecare Corporation FY 2014-15
 - ☐ Contract with Yolo Community Care Continuum FY 2014-16

Jessica Williams moved the contracts be approved, Theresa Thickens seconded. Motion carried.

Board Member Comments

- ✧ Jim Holmes announced the recognition of Maureen Bauman as the Sacramento State superstar of the year for her service at Placer County.
- ✧ Jessica Williams also noted that Pat Meade will be missed.

Public Input

- ✧ Will Taylor requested confirmation that the July Annual Board Retreat is open to the public.

Adjournment

- The meeting was adjourned at 8:04 p.m.
- Monday, June 9, 2014 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, June 23, 2014 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board